

Aperitivos / Appetizers

- EMPANADA DE MAIZ CON CARNE O VEGETARIANA (2) 3.00**
CORN PATTIES FILLED WITH BEEF OR VEGGIE
- CARIMAÑOLAS (2) 3.00**
FILLED YUCA (FRITTERS)
- TAMALES PANAMEÑOS (1) 3.00**
PANAMANIAN TAMALES (CHICKEN OR VEGGIE),
WRAPPED IN BANANA LEAF
- PATACONES (6) 3.00**
GREEN FRIED PLANTAINS
- YUCA FRITA (5) 3.00**
FRIED YUCA STRIPS WITH MOJO SAUCE
- HOJALDAS (2) 3.00**
FRIED BREAD

Sopas / Soups

- (INCLUDES WHITE RICE)**
SOPA DEL DIA (S) 3.25 (L) 6.00
SOUP OF THE DAY



Entradas / Weekday Entrees

**TODAS LAS COMIDAS VAN ACOMPAÑADAS DE:
ARROZ BLANCO, FRIJOLES, PLANTANO MADURO, ENSALADA O
VEGETALES.**

ALL LUNCH/DINNER SERVED WITH CHOICE OF MEAT AND:
(WHITE RICE, BEANS, SWEET PLANTAIN, STEAM VEGETABLES OR SALAD WITH
ITALIAN, 1000 ISLAND OR RANCH.)

- POLLO GUISADO CON COCO 10.75**
CHICKEN W/ COCONUT SAUCE
- ROPA VIEJA 11.00**
SHREDDED BEEF (OLD CLOTHES)
- LULU'S SPECIAL - BISTEC ENCEBOLLADO A LA PIMIENTA 11.75**
AUNTIE LULU'S FRIED FLANK STEAK WITH CARMELIZED ONION
A LA PIMIENTA
- LOMO RELLENO 12.00**
ROASTED STUFFED BEEF
- POLLO A LA CULANTRO 12.00**
HALF CORNISH HEN WITH A SMOTHERING CULANTRO SAUCE
- ARROZ CON POLLO 12.00**
PANAMANIAN RICE WITH CHICKEN,
ONLY INCLUDES: POTATO SALAD AND SWEET PLANTAIN, SIDE OF KETCHUP
- MARI'S SPECIAL - SALMON EN SALSA DE MANGO 13.00**
SAUTEED SALMON FILET WITH A COLORFUL CITRUS MANGO
SAUCE

(Available on Fridays only)

- PARGO FRITO 14.50**
FRIED RED SNAPPER WITH A SIDE OF FISH SAUCE AND OUR
SPECIALTY HOMEMADE MARI-MARI SAUCE (SPICY)

Veggie Delights Entrees

**LAS CARNES VEGETARIANAS SERAN SERVIDAS DE:
ARROZ BLANCO, FRIJOLES, PLATANO MADURO, ENSALADA O
VEGETALES**

ALL VEGETARIANS MEAT WILL BE SERVED WITH:
(WHITE RICE, BEANS, SWEET PLANTAIN, STEAM VEGETABLE OR SALAD;
ITALIAN, 1000 ISLAND OR RANCH)

- TIRAS DE POLLO VEGETARIANO 10.00**
VEGETARIAN CHICKEN STRIPS SAUTEED WITH GREEN/RED
PEPPERS

- HAMBURGUESA VEGETARIANA CON PATACONES (3) 6.00**
VEGGIE BURGER WITH FRIED GREEN PLANTAINS

Take-out Menu

Restaurante Conoce Mi Panama

3054 W. Armitage Avenue
Chicago-IL, 60647
(773)-252-7440

conocemipanama@yahoo.com

Tues-Thurs 11:00am-8:00pm

Friday-Saturday 11:00am-9:00pm

Sunday 11:00am-7:00pm

~~B.Y.O.B (Wine and Beers)~~

Ordenes Individuales / Side orders

- 2.75 ARROZ BLANCO**
WHITE RICE
- 3.75 ARROZ CON GUANDU Y COCO**
RICE WITH CONGO PEAS AND COCONUT
- 3.00 VEGETALES AL VAPOR**
STEAMED VEGETABLES
- 3.00 PLANTANOS MADUROS (FRITOS), (5)**
SWEET FRY PLANTAIN
- 3.00 FRIJOLES DEL DIA**
BEANS OF THE DAY
- 3.50 PURE DE PAPA**
MASHED POTATOE SALAD



Bebidas / Beverages

- 3.00 CHICHA DE RASPADURA CON LIMÓN /** LEMON W/RAW BROWN SUGAR
- 3.00 TAMARINDO /** TAMBRAND
- 3.50 SARIL /** SORELL (OR HIBISCUS)
- 3.50 CHICHEME /** HAMONY CORN, WITH SWEETNED MILK

- 1.25 SODAS (COCA COLA, PEPSI, NARANJA, SPRITE)**
COKE (& DIET COKE), PEPSI, ORANGE, AND SPRITE
- 1.75 CAFÉ DE LA CASA /**
HOUSE BLEND COFFEE
- 2.50 CAFÉ DURAN, PER CUP**
SPECIALTY PANAMANIAN COFFEE
- 2.00 TE CALIENTE /**
HOT TEA

Pastros / Desserts

- 4.00 PLATANOS EN TENTACION (2) /**
SWEET TENTATION CARMELIZED PLANTAINS WITH VANILLA ICE CREAM
- 3.50 MAMALLENA /**
TRADITIONAL BREAD PUDDING WITH VANILLA ICE CREAM
- 2.50 PASTEL DE FRIJOLES BLANCO /**
ORGANIC BEAN PIE
- 3.00 CHEESE CAKE**

Prices are subject to change

AN 18% GRATUITY IS ADDED TO A PARTY OF 5 OR MORE